

Not all babies will have all these signs and symptoms. In fact, depending on how baby is fed, they may only have one or two. Use the Checklist below to see which symptoms, if any, your baby has.

Signs & Symptoms	Breast Feeding	Bottle Feeding
Gas and Bloating		
Frequent Explosive Stools		
Green Stools		
Watery Stools		
Mucousy Stools		
Irritability and Crying		
Sore Bum/Nappy Rash		

Use this chart to document your child's symptoms. When you go to see your Health Professional, bring your Symptom Checker with you as this will be helpful in assisting them to make a diagnosis. It also ensures that you will remember to tell your Health Professional everything! You can also use the Symptom Management Chart. By observing and grading 5 key areas you will get a broad picture of how baby is doing over a full week. This allows you to record the various symptoms to allow your Medical Practitioner to look at them objectively.